



CalvertHealth

Medical Center

Dear Patient/Family,

Enclosed please find some information about community resources. If you, or a family member, are over 60, we encourage you to connect with the Calvert County Office on Aging in person at a local senior center, or on the phone at 410-535-4606.

If you have questions about community resources and would like to talk with a case manager after you are discharged, please call and leave a message for the transitions to home case manager at 410-414-2725.

Best Regards,

CalvertHealth Integrated Care Management Department



CALVERT COUNTY OFFICE ON AGING (OOA) STAFF DIRECTORY

450 West Dares Beach Road, Prince Frederick MD 20678

OOA Administration 410-535-4606

Director of Comm. Resources	Jennifer Moreland
Division Chief	Ed Sullivan
Client Services Manager	Tunya Taylor
Fiscal Manager	Patti Ryon
Long Term Care Manager	Lisa Caudle
Program Manager	Kristy Alleva
Long Term Care Coord.	Amy Boucher
Long Term Care Advocate	Larry Harvey
Account Tech II	Suzy Meador
Office Specialist II	Liz Youngblood
Food Service Worker	Harry Markward
Aging Svcs. Case Manager	Amanda Seymour
Aging Svcs. Case Manager	Kimberly Phillips
Aging Svcs. Case Manager	Rochelle Edwards
Aging Svcs. Case Manager	Terri Gunkel
CFC Supports Planner	Angalise Brinkley
CFC Supports Planner	Jean Muggli

Calvert Pines Senior Center 410-535-4606

Program Specialist	Grace Oller
Program Assistant	Aimee Badeaux-Hamm
Food Service Coord.	Tracey Endrusick
Office Assistant II	Andrew Jackson
Ceramics Instructor	Pat Dinota
Social Services MAP Coord.	Jenna Cisse
Social Services MAP Coord.	Jessica Long
Social Services MAP Coord.	Kristy Matchett
Social Services MAP Coord.	Laura Hardesty
Developmental Disabilities Specialist	Angela Nenno
Developmental Disabilities Aide	Crystal Jones
Building & Grounds Worker	Phillip Long, Sr.
Custodian	Brenda Jacks
Senior Rides Program	Vacant
Senior Employment Program	Julia Forte

North Beach Senior Center 410-257-2549

Program Specialist II	Linda Roberts
Program Assistant	Tammie Messer
Food Service Coord.	Karla Shauver
Office Assistant II	Vacant
Ceramics Instructor	Pat Dinota
Social Services MAP Coord.	Kristy Matchett
Building & Grounds Worker	Kelly Jones

Southern Pines Senior Center 410-586-2748

Program Specialist	Melinda Gaines
Program Assistant	Anne Sledge
Food Service Coordinator	Sean Riordan
Office Assistant II	Marina Jackson
Ceramics Instructor	Pat Dinota
Social Services MAP Coord.	Jessica Long
Senior Employment Program	Vacant

Substitute Staff

Joan Carroll, Donna Edington, Amber Holson, Jeanne Holtery, Barbara Knowles, Karen Moore, Rick Narvell, Vince Somosky, Cathy Tewell

Senior Center Hours: Monday-Friday, 8:30 a.m. to 4:30 p.m.

📧 www.calvertcountymd.gov ✉ ooamailbox@calvertcountymd.gov

Senior services are accessible to individuals with disabilities

SERVICES

Call 410-535-4606 for more information.

Behavioral Health Counselor –In collaboration with Calvert County Health Department, a counselor is available Tuesday at Southern Pines Senior Center, Thursday and Friday at Calvert Pines Senior Center and Wednesday at North Beach Senior Center.

Caregiver Services - Information, a quarterly newsletter, and limited respite funds are available. Contact Lisa Caudle for more information.

Community First Choice - Assists adults aged 18-plus to remain in the community or return to the community from long-term care placement. Contact Lisa Caudle for more information.

Guardianship - Information is provided on private and/or public guardianship. Contact Amanda Seymour or Lisa Caudle.

Legal Aid Bureau - Attorney services are available by appointment for those aged 60-plus regarding SSI, benefit denials, disability payments, Social Security and SSI overpayments, debtor and consumer problems, advance directives, and tenant issues. **An attorney will be available at North Beach Senior Center Thursday, March 9, 10 a.m. –12 p.m. and at Southern Pines Senior Center April 13, 10 a.m. – 12 p.m. Call for an appointment.**

Long Term Care Ombudsman - An advocate is available for residents of long-term care facilities. For more information contact Amy Boucher.

Maryland Access Point - Provides options for counseling and information/assistance for senior services, benefits, and resources.

Calvert Pines: Jenna Cisse, Jessica Long, Kristy Matchett, Laura Hardesty
Southern Pines: Jessica Long -Thursdays
North Beach: Kristy Matchett - Fridays

Meals On Wheels (MOW) - Midday meals are provided for persons who are homebound and unable to prepare a meal for themselves. For more information, contact Harry Markward or Patti Ryon.

Project Lifesaver - This electronic tracking system helps to quickly locate and return lost/wandering persons suffering from Alzheimer's disease or other related disorders. Contact Tunya Taylor for more information.

Senior Care - Limited funding is available for low-income and frail elderly for case management and assistance with some services. To find out whether you may be eligible, contact Lisa Caudle.

SHIP (State Health Insurance Program) -Staff are available to provide information and assistance with health insurance issues. For more information, contact Jessica Long, Jenna Cisse, or Kristy Matchett.

Senior Medicare Patrol (SMP) - Education and prevention against suspected Medicare abuse and fraud. For more information, contact Jessica Long.

Meals on Wheels Board Members

Fred Baumgartner, Lora Culver,
Donna Deale, Jane Gordon,
Bruce Hance, Shirl Hendley,
Randy Holt, Traci King, Karen
Lawrence, Charlie Pritchard,
Linda Rhodes, Corey Robertson,
Hope Sayles, John Stone

Commission on Aging Members

Beverly Butler, Noelle Flaherty,
Elizabeth Foster, Sudha Haley,
Charles Harrell, Yolanda Hipski,
Terry Long, Margaret Phipps,
Sarah Strauss, Anne Weems,
Harriet Yaffe

Friends of Calvert County Seniors Members

Beverly Butler, Noelle Flaherty,
Jan Gibson, Shelby Oller,
Connie Watts, Linda Wooge



CALVERT COUNTY
HEALTH
DEPARTMENT

SENIOR COUNSELING

The Calvert County Health Department in collaboration with the Calvert County Office on Aging offers specialized counseling services to adults ages 60 and over. Services are available at no cost and include individual, family and group therapy.

If you have questions about services, please contact Office on Aging Long Term Care Manager Lisa Caudle at 410-535-4606 or contact any of the counselors below.

Services are available 8:30 a.m. to 4:30 p.m. at the following locations and times

by appointment only:

WEDNESDAYS

in North Beach

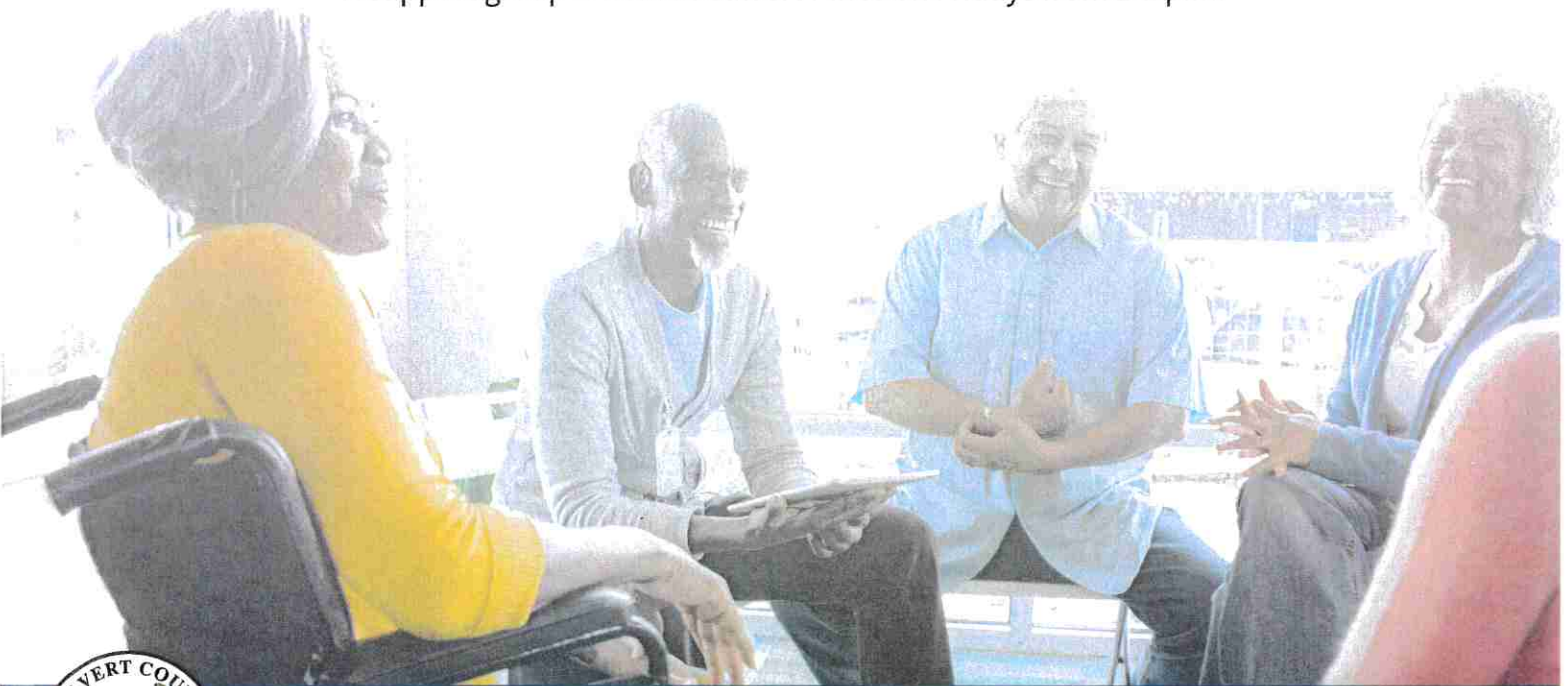
Denise Cook, 301-520-8506

THURSDAYS AND FRIDAYS

at Calvert Pines


Denise Cook, 301-520-8506

A support group is held at Calvert Pines on Fridays from 1-2 p.m.



www.CalvertCountyMD.gov/OfficeOnAging

450 W. Dares Beach Road, Prince Frederick, MD 20678 | 410-535-4606 or 301-855-1170



Calvert Senior Rides



LifeStyles, Inc.

-293-0623 • www.lifestylesofmd.org

**Providing subsidized transportation
Services for Calvert County seniors and
Persons with disabilities**

Application required

For more information and to apply please contact:



Calvert County Office on Aging
1-410-535-4606, ext. 139
Chessa.Reid@calvertcountymd.gov



LifeStyles, Inc.

LifeStyles, Inc.
1-866-293-0623
info@lifestylesofmd.org

*Partially funded by the Maryland Transit Administration's Senior Rides program,
And in partnership with Calvert County Office on Aging.

* Persons must provide at least a 2 day notice to allow for scheduling

Emergency Respite



Calvert Co. DSS is now offering an **Emergency respite grant**, through August 31, 2023, which provides caregivers with up to **\$500** per calendar year based on availability of funds to cover the costs of respite care during an unplanned or unavoidable event.

To qualify, caregivers must be facing an unavoidable or unplanned event, such as:

- Caregiver's illness
- Surgery
- Hospitalization or death
- Medical appointments
- Family emergency/illness of another family member
- Jury Duty
- Risk or loss of employment
- Damage to caregiver's home (fire, weather damage)

How do caregivers apply for the grant?
No application is required!

Contact Calvert County Department of Social Services 72-hours in advance of needing respite services. Contact Belinda Ragin, Respite Program Coordinator at 443-550-6938 for more information.



BONDED AIDE SERVICES

A HOMEMADE PLAN BONDED AND LICENSED

443-837-7768

FAX 443-853-2040

TYLER STOTT, OWNER

RATES STARTING AT \$23.00 PER HOUR- 4 HOURS/DAY MINIMUM PER SHIFT

PERSONAL CARE, MED MGMT. AMBULATION, TRANSFERS, COMPANIONSHIP, MEAL PREP,
LIGHT

HOUSEKEEPING, ERRANDS, LAUNDRY, SHOPPING, TRANSPORTATION

CALVERT HOMECARE/AIDE, COMPANION SERVICES

410-414-8442

Follow- Up with Amy

Freedom In-Home Care

Home health care service

135 W Dares Beach Rd · (410) 535-1542

HomeCall of Waldorf

Home health care service

Waldorf, MD

Open · Closes 4:30PM · (301) 632-6260

Medicare/Medicaid accepted

Loving Care Senior Services

Administration Office:
288 Merrimac Court
P.O. Box 2346
Prince Frederick, MD 20678
info@lovingcareseniors.net

443-975-7628

Headquarters:
242 Laurel Drive
Lusby, Maryland 20657

OPTIONS FOR SENIOR AMERICA

301-392-1387

LA PLATA, CHARLES, ST. MARY'S, CALVERT COUNTIES

\$24.00/hour with a 4 hour minimum

RIGHT AT HOME

ALL OF SOMD COVERED

3200 CRAIN HIGHWAY, SUITE 101

WALDORF, MD 20603

301-645-0040

\$30.00.hour / 4 hour minimum

SAGEPOINT (FORMERLY CIRCLE OF CARE)

NON-PROFIT, ASSOCIATED WITH LA PLATA FACILITY

301-934-0222

AIDES, COMPANIONS, 24 HOUR CARE, ST. MARY'S, CHARLES & CALVERT COUNTIES

WARMAN AGENCY

LPN/RN/CNA

301-428-2940

Rates on a Sliding Scale

\$25.60/hour with a 5 hour minimum

NURSING ASSISTANTS

BONDED AGENCY

PLEASE NOTE: This caregiver's list is compiled by the Case Management/Quality Management Department of CalvertHealth Medical Center. The Departments cannot recommend these agencies and assume no liability. It is the family's responsibility to screen these agencies thoroughly and suggest references. This list is provided for your convenience and information only.



CalvertHealth™

100 Hospital Road
Prince Frederick, MD 20678

410.535.4000
301.855.1012

CalvertHealthMedicine.org

Assisted Living Facilities in Calvert, Charles, St. Mary's, and lower Anne Arundel/PG County

Carribbean Breeze Assisted Living
240-286-2741
255 Skinners turn Rd
Owings, Md 20736

Lindwood Acres Assisted Living
301-785-3885
12610 Wallace Lane
Upper Marlboro, Md 20722

Hermitage St John's Creek
410-326-0070
13325 Newtown Road
Solomons, Md 20688

Asbury Solomons
410-394-3000
11100 Asbury Circle
Solomons, Md 20688

Charlotte Hall Veterans Home
301-884-8171
29449 Charlotte Hall Rd
Charlotte Hall, Md 20622

Lakeside Apartments
301-843-6919
2005 Saint Thomas Drive
Waldorf, Md 20602

Fenwick Landing Assisted Living
301-6387-7120
11650 Doolittle Drive
Waldorf, Md 20602

Morningside House of St. Charles
307-222-4592
70 Village Street
Waldorf, Md 20602

3 Bea's Assisted Living
410-586-2001
544 Barnacle Lane
Lusby, Md 20657

Brightview South River
410-956-7310
8 Lee Airpark Drive
Edgewater, Md 21037

Spring Village at Wildewood
301-880-0102
23185 Milestone Way
California, Md 20619

Taylor Farm Assisted Living
301-769-3702
21730 Oscar Hayden Road
Bushwood, Md 20618

Cedar Lane Senior Living Community
301-475-8966
22680 Cedar Lane Court
Leonardtown, Md 20650

Accepts Medicaid

Comfort Home Care 443-889-1559

Senior Subsidy Program (Montg Co.) 240-777-1138

Mental Health and Substance Use Treatment

- Calvert Behavioral Health (outpatient only) 410-535-5400 x475
- Prince Frederick Behavioral Health 410-535-3079
- Barstow Behavioral Health 410-394-0681
- Lusby Behavioral Health 410-286-0547
- Chesapeake Beach Behavioral Health 410-535-3079 x 28
- School Based Behavioral Health
- Facebook.com/CalCoBehavioralHealth
- A + Counseling Center 240-766-4194
- Avenues Recovery Center (outpatient) 410-535-8930
- Bayside Recovery (outpatient only) 443-486-5680
- Certified Counseling Services/Dunkirk 410-610-2595
- Project Chesapeake (outpatient only) 443-968-8331
- Pathways 410-573-5400
- Open Arms (outpatient only) 301-645-5538
- Pyramid Walden/Anchor 301-997-1300
- Center for Addiction & Pregnancy 410-550-3066
- Outlook Recovery 240-237-8325
- Utopia 443-295-7697

Mental Health Only Services

- Center for Children 410-535-3047
- Chesapeake Neurology 410-535-2500
- Andrew Geregy, MD & Assoc 410-266-0664
- Osama Salah, MD & Assoc 410-535-5602
- Shah Associates 410-535-4333
- Advantage Psychiatric Services 410-686-3629
- Barstow Acres Children's Center 410-414-9901
- Blue Sails Counseling 410-231-0488
- So. MD Community Network 410-535-4787
- Calvert Counseling Center 443-295-3341
- CCHD Crisis Intervention 410-535-5400 x384
- DPK Counseling 410-414-5953
- Deborah Nelson LCP 410-414-5953
- Pathways, Inc. 301-373-3065
- Therapy Cafe 443-295-8955
- Other Behavioral Health Support**
- Southern MD Family Support Warmline 443-546-0617
- MD Coalition of Families 410-730-8267
- NAMI Southern Maryland 410-884-8691
- Financial Resources**
- Department of Social Services 443-550-6900
- Child Support Services 800-333-6347
- Charlottesville Social Security 888-866-5181
- Unemployment Insurance Claims 877-293-4125
- So. MD Tr-County Com. Act. (energy assist) 410-535-1010
- So. Maryland Jobsource 301-645-8712
- Community Ministry of Calvert 410-14-8007
- Christians in April Calvert Co. 410-535-9044
- UME Calvert Family and Consumer Sciences 443-535-3662
- St. Vincent de Paul Society 443-684-9261
- Lifestyles 301-609-9900

Food Assistance

- WIC Program 877-631-6182
- DSS 443-550-6900
- Bayside Baptist Church 410-257-0712
- Brooks Church Pantry 410-586-3972
- Calvert Churches Food Pantry 410-414-7474
- Chesapeake Lighthouse Food Pantry 478-284-5489
- Chesapeake Cares Food Pantry 410-257-3444
- First Lutheran Church 410-257-3030
- MI Olive United Methodist Church 410-535-5756
- New Life www.newlife.live/calvert-campus/ 410-257-0342
- Randle Cliffs Com. Church 410-326-0009
- S.M.I.L.E. Food Pantry 410-286-7086
- St. Anthony's Church 410-286-1944
- St John Vianney 410-326-3278
- Solomons Mission Center 410-326-3278
- Hands of God Mobile Ministry 410-535-2275
- S.H.A.R.E Food Network 800-217-4273
- Birthing (Formula/Baby Food) 410-257-1402

Legal Assistance

- So. MD Center for Family Advocacy 301-373-4141
- Legal Aid Bureau 877-310-1810
- Lawyers in the Library 410-535-0291

Housing/Shelters

- Calvert Co. Housing Authority 410-535-5011
- So. MD Tr-County Com. Action 410-535-1010
- Project Echo 410-535-0044
- Homeless Shelter- Men, Women and Children 301-274-0680
- Angel's Watch/Catholic Charities (Charles County) 443-486-8670
- Homeless Shelter-Women & Children (Charles County) 443-486-8670
- Safe Nights of Calvert County 301-609-9900
- Lifestyles

Disability Resources

- DDA Southern MD Regional Office 888-207-2479
- Dept. of Rehabilitation Services 410-535-2620
- DHR Respite Grant 443-550-6969
- LISS www.marylandcommunityconnection.org

- The Coordinating Center 410-987-1048
- Arc of Southern Maryland Calvert 410-535-2413
- Friendly Health Services 410-535-6542
- The Center for Life Enrichment 301-373-8100
- MMARS RC, Inc. 410-332-8197
- Total Care Service, Inc. 301-918-0070
- Office on Aging 410-535-4606
- Therapeutic Recreation 410-535-1600 x8204
- SMCR 301-997-8143
- Online Resource Locator
- Lifestyles 301-609-9900

Transportation

- Medical Assistance Transportation 410-414-2489
- Public Transportation 410-535-4268
- Smart Ride 410-535-6932
- Lifestyles 301-609-9900

Clothing Resources

- Birthing (maternity/baby) 410-257-1402
- Care Net/Calvert County 410-326-6866
- S.M.I.L.E (Solomons) 410-326-0009
- HELP Association 410-257-6669
- Comm for Women Clothes Closet 410-615-4221

Child Care Resources

- Locate Child Care 1-877-261-0060
- DSS (Child Care Vouchers) 443-550-6900
- The Promise Resource Center 301-290-0040

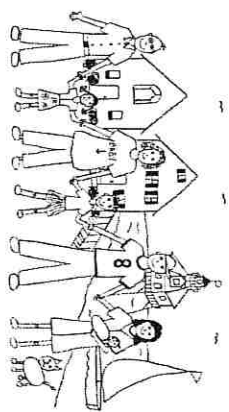
Parenting Classes/Support Programs

- So MD Family Support Warmline 443-546-0617
- CareNet/Calvert County 410-326-6866
- Parents Place of Maryland 800-394-5694
- Partners for Success (School) 443-550-8375
- Healthy Families/HIPPY 443-550-8050
- Barstow Acres Children's Center 410-414-9901
- Family Encouragement Coaching 410-610-2352
- Maryland Coalition of Families 410-730-8267

Education Resources

- Calvert County Public Schools 443-550-8000
- Infants & Toddlers Program 443-550-8373
- Child Find (2 years 9months & older) 443-550-8381
- Head Start 443-550-8062
- Judy Center 443-550-8077
- Adult Education Program 443-550-6179
- College of Southern MD/PF 443-550-6000
- UME Calvert 4-H Clubs 410-535-3662
- Additional Resources**
- OurCalvert.com 410-535-1600
- Calvert County Government 410-535-1600 x 2649
- Calvert Co. Parks & Rec. 410-535-0291
- Calvert Library (calvertlibrary.info) 410-535-0291
- Calvert Diaper Bank vercoea@calvertnet.k12.md.us
- Calvert Hospice 410-535-0892
- Child Safety Seat Information 410-535-2800
- Community Medication Center 443-295-7456
- Closing the Gap Coalition www.ctgc-closingthegapcoalition.org
- DNA Diagnostic (Pvt Paternity Test) 800-362-2368
- Paternity Testing for Child Support: 410-535-1600 x 2549
- State Attorney Office 1-800-QUIT-NOW
- Tobacco Quitline (24/7) 1-800-QUIT-NOW
- MD Community Services Locator mdcsf.org

CALVERT COUNTY COMMUNITY RESOURCES



Compiled by
Calvert County
Health Department
975 Solomons Island Rd.
Prince Frederick, MD
www.calverthealth.org
410-535-5400
301-855-1353

(Revised 8/1/2022)

Crisis Hotlines

Behavioral Health Crisis Hotline:
877-467-5628

Sexual Assault / Domestic Violence Hotline:
410-535-1121

National Suicide Prevention Lifeline:
1-800-784-2433

LGBT National Hotline 888-843-4564 (4pm-MN)

Poison Control: 1-800-222-1222

Calvert County Health Department

410-535-5400/301-855-1353

Birth Certificate Information x 387
 Cancer Screening Programs x 343
 Calvert Behavioral Health:
 Prince Frederick Behavior Health 410-535-5400 x 475
 410-535-3079 x 6
 Barstow Behavioral Health 410-394-0681
 Lusy Behavioral Health 410-286-0547
 Chesapeake Beach Behavioral Health 410-535-3079 x 35
 Recovery Support 410-535-3079 x 28
 School-Based Behavioral Health 410-535-3079 x 408
 Child Passenger Safety Seat Assistance x 348
 Children with Special Health Care Needs x 405
 Calvert Center for Change (Sex Assault/Dom. Violence) x 384
 Diabetes Programs x 459
 Environmental Health 410-535-3922/301-855-1557
 Genoa Pharmacy 443-486-7173
 HIV Testing/Counseling x 332
 Immunizations Adult and Child option 6
 Health Choice/MCHP (Medical Assistance) option 6
 Maternal Child Program x 400
 Medical Assistance Transportation 410-414-2489
 Pregnancy Tests x 332
 Reproductive Health Clinic x 332
 Sexually Transmitted Infection Clinic x 332
 Smoking Cessation Program x 359
 Spanish Interpreter x 483
 WIC Program x 369

Health Insurance Resources

Marylandhealthconnection.gov 855-642-8572
 MD Health Connection Call Ctr 800-284-4510
 Department of Social Services 800-879-6901
 Seedco/MD Health Benefit Exchange 855-339-3007
 MD Medicaid Help Line 800-284-4510
 Healthy Smiles Dental Program 800-879-6901
 Superior Vision/MD MCO 888-204-5581
 Optim Maryland

Hospitals / Clinics

Calvert Health Medical Center:
(Website/Physician Locator) 410-535-4000
 calverthealth.org
Medstar St. Mary's Hospital
(Website/Physician Locator) 301-475-8981
 medstarstmarys.org
Anne Arundel Medical Center
(Website/Physician Locator) 443-481-1000
 aaahs.org
UM Charles Regional Med Center
301-609-4000
University of MD Medical Center
(Website/Physician Locator) 800-492-5538
 umms.org
Johns Hopkins Hospital
410-955-5000
Johns Hopkins Bayview
(Website/Physician Locator) 410-550-0100
Children's National Medical Center
(Website/Physician Locator) hopkinsmedicine.org
 202-476-5000
Greater Baden Medical Services
(Website/Physician Locator) childrensnational.org
 301-888-2233
CVS MinuteClinic
1-866-389-2727

Patriot Urgent Care

Dunkirk Urgent Care 410-650-4346
 Prince Frederick Urgent Care 410-535-8911
 Solomons Urgent Care 410-394-2800
 Premier Health Express Lusby 443-899-9525
Childbirth/CPR Classes
Calvert Health Medical Center
 Community Wellness/Childbirth Classes (fee) 410-535-8233
 www.calverthealthmedicine.org/Classes-Events
 Nurturing Necessities 410-414-5414
 Breastfeeding assistance.
 Medstar St. Mary's Hospital 301-475-6019
 Childbirth Classes/Infant CPR Classes (fee)

Dental Resources

Calvert Community Dental (Lusby)
 Calvert Smiles 410-535-8402
 Tidewater Dental (Prince Frederick) 410-414-8333
 (Lusby) 410-326-4078
 (Solomons)
Dr. Juambelz (Dunkirk)
 Tyler Dental (Dunkirk) 301-855-8888
Dr. Plater & Associates (Owings)
 Dunkirk Dental Assoc. (Dunkirk) 301-327-5086
 Prince Frederick Dental Center 410-257-2400
Greater Baden Medical Services
 Dr. Dowling (Orthodontics/need referral) 410-535-5055
 Dr. King (oral surgery/Waldorf) 301-888-2233
Univ of MD Dental School (adults)
 Univ of MD Dental School (child) 410-706-7063
 Medstar Washington Hospital Center 410-706-4213
 202-877-7332

Vision Resources

My Eye Dr./Prince Frederick
My Eye Dr./Dunkirk
 Chesapeake Retina Center
 Maryland Eye Assoc (medical only) 410-535-2020
 443-964-8705
 301-893-3484
 410-535-2270

Pediatrics

Baig, Azam M.D.
 Harris, Kennon M.D.
 Nicklins, Monice MD
 Tierney, Jill MD
 Ditrlich, Melissa MD
 Mohr, Holly CRNP
 Giles, Jessica CRNP
 Richardson, Krystal CRNP
 10845 Towne Cir Blvd S 207
 Dunkirk, MD 301-327-5093
 Edgewater Office 410-956-6302
 Hawit, Roula M.D.
 2417 Solomons Island Rd
 Huntingtown, MD 20639
 410-286-9844
 Mehta, Bhargesh M.D.
 Mehta, Monica M.D.
 Jackson, Michelle PA
 Smawley, Patricia CRNP
 1005 Prince Frederick Blvd. S. 101
 Prince Frederick, MD 20678
 410-535-5555/301-855-1114
 Dunkirk Medical Center
 3140 West Ward Rd. Suite 207
 Dunkirk MD 20734
 410-257-1744/301-855-4525
 Slinasuvan, Daung M.D.
 Lunban, Sara L. M.D.
 Sarasini, Joanne CRNP
 1430 Solomons Island Road
 Huntingtown, MD 20639
 410-535-4544/410-257-2700

St. Mary's County OB/GYN:

Southern MD Women's Healthcare
 Cheeca, Nurissa M.D.
 Davis, Naamdi M.D.
 Greenwood, Arthur M.D.
 Polko, Lisa M.D.
 Ervin, Lauren, CNM
 Rutledge, Carilyn, CNM
 Banfield, Anne MD
 Waytashek, Jennifer, CNM
 41680 Miss Besse Dr. Suite 102
 Leonardtown, MD 20650
 301-997-1788

Internal Medicine

Benner, Charles M.D.
 Solomons Medical Center
 14090 HG Trueman Rd., Suite 2300
 Solomons, MD 20688
 410-449-6602
Calvert Internal Medical Group
 1) Calvert Medical Office Bldg.
 985 N Prince Frederick Blvd Suite 201
 Prince Frederick, MD 20678
 2) Dunkirk Medical Center
 10845 Towne Center Blvd, Suite 204
 Dunkirk, MD 20745
 3) Solomons Medical Center
 14090 HG Trueman Rd, Suite 2500
 Solomons, MD 20688
 All CIM Locations, call:
 410-535-2005/301-855-1644
 Jani, Parul M.D.
 Jackson, Michelle PA
 Smawley, Patricia CRNP
 1005 Prince Frederick Blvd
 Prince Frederick, MD 20678
 410-535-5555

St. Mary's Pediatricians:

Dhillon, Anarpreet M.D.
 Leonardtown 301-475-9499
 Miller, Robert E., M.D.
 Brown, Crystal M.D.
 Weaver, Kelly CRNP
 Eldridge, Denise CRNP
 Leonardtown 301-475-7222
 Sheth, Amit M.D.
 California 301-863-6373
 Fahmi, Fahmi M.D.
 Lexington Park 240-237-8557
MedStar Georgetown Pediatrics
 Leonardtown 301-475-4610
MedStar Medical Group/St Mary's
 Leonardtown 301-997-0055
MedStar Shah Pediatrics
 California 301-737-0500
 Charlotte Hall 301-884-7330
 Leonardtown 301-475-8833

Obstetrics/Gynecology

Calvert Health OB & GYN
 Estes, Barbara M.D.
 Ginter, Hilary M.D.
 Henry, Jessica M.D.
 Johnson, Michelle M.D.
 Sattler, Katrina M.D.
 Davis, Deborah CRNP
 Gray, Ashley CRNP
 410-414-4740 (all offices)
 1) Calvert Medical Office Bldg.
 110 Hospital Rd, Suites 202, 203, 204
 Prince Frederick, MD 20678
 2) Solomons Medical Center
 14090 HG Trueman Rd, Suite 2600
 Solomons, MD 20688

Calvert Health Primary Care

Batong, Silvia M.D.
 Brooks, Michael M.D.
 Papino-Higgs, Maria Novella M.D.
 Proctor, Keyonna D.O.
 Stoner, Melissa M.D.
 Costabile, Christopher PA
 Cook, Kimberly CRNP
 McPheeters, Christina CRNP
 Pitman, Lacy CRNP
 Atkins, Ernestina CRNP
 1) Calvert Medical Office Bldg.
 110 Hospital Road, Suite 111
 Prince Frederick, MD 20678
 410-535-4488
 2) Twin Beach Health Center
 8924 Chesapeake Ave
 North Beach, MD 20714
 410-257-7279
 3) Solomons Medical Center
 14090 HG Trueman Rd, #2100
 Lusby, MD, 20657
 410-394-3712

Internal Medicine, Continued

Mather, Mukesh M.D.
Mather, Manoj M.D.
 3995 Old Town Rd, Suite 202
 Huntingtown, M.D. 20639
 410-535-1451
Shah Associates
 Calvert Medical Arts Center
 130 Hospital Road, Suite 300
 Prince Frederick, MD 20678
 410-535-4333
Suana, Gyan M.D.
 3995 Old Town Rd, Suite 202
 Huntingtown, M.D. 20639
 410-535-1451
Yazdani, Mahin M.D.
 2555 Solomons Island Rd., North
 Huntingtown, MD 20639
 410-535-1695

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Local Skilled Nursing Facilities

Calvert County Nursing Center (CCNC)

Address: 85 Hospital Rd, Prince Frederick, MD 20678

Phone: (410) 535-2300

Asbury Solomons

Address: 11100 Asbury Cir, Solomons, MD 20688

Phone: (410) 394-3000

Solomons Nursing Center (SNC)

Address: 13325 Dowell Rd, Solomons, MD 20688

Phone: (410) 326-0077

Chesapeake Shores (St. Mary's County)

Address: 21412 Great Mills Rd, Lexington Park, MD 20653

Phone: (301) 863-7244

South River Healthcare Center (Anne Arundel County)

Address: 144 Washington Rd, Edgewater, MD 21037

Phone: (410) 956-5000